

GETTING SHARP SPORTS PHOTOS

Using the I Am Shooting method:

1. **Set your ISO to as high as you are comfortable.** (*The higher your ISO, the faster you'll be able to set your Shutter Speed.*)
2. **Set your aperture to the smallest number available** (*This will give you the largest opening, letting in as much light as possible*)
3. **Set your shutter speed so that your exposure indicator reads 0.** (*Make sure you are pointing the camera at your subject(s) when you do this.*)
4. **Take a test photo of the action.**
5. **Check the photo for sharpness and overall exposure.**
6. **If the photo is bright enough and your subjects are sharp, you are good to go!** (*be sure to check periodically to make sure you're still getting sharp, well exposed photos*)
7. **If your subjects are blurry, you need to make your shutter speed faster. To do that:**
 1. If possible, increase your ISO more.
 2. Then, pointing your camera at your subject(s), set your shutter speed for a 0 exposure
 3. Take another test photo while the action is happening.
 4. Check that photo for sharpness
8. **If the photo is too dark (but the photo is sharp enough):**
 1. If possible, increase your ISO by one stop. This should make the exposure indicator read +1 (assuming you started at 0)
 2. Take a test photo and check for brightness.
 3. If the photo is still not bright enough, repeat steps 8.1 and 10.2. (If you are unable to increase the ISO any further you have reached the limitations of your camera.)

Using the Shutter Speed First Method:

1. **Set your Shutter Speed for the action you are photographing.** (*Ideal shutter speed will vary, but generally speaking you will want your shutter speed to be between 1/250 and 1/4000.*)
2. **Set your aperture to the smallest number available** (*This will give you the largest opening, letting in as much light as possible*)
3. **Set your ISO so that your exposure indicator reads 0.** (*Make sure to point the camera at your subject*)
4. **Take a test photo of the action.**
5. **Check the photo for sharpness and overall exposure.**
6. **If the photo is bright enough and your subjects are sharp, you are good to go!** (*be sure to check periodically to make sure you're still getting sharp, well exposed photos*)
7. **If your subjects are blurry, you need to make your shutter speed faster. To do that:**
 1. If possible, increase your ISO more.
 2. Then, pointing your camera at your subject(s), set your shutter speed for a 0 exposure
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 3. If the photo is still not bright enough, repeat steps 8.1 and 10.2. (If you are unable to increase the ISO any further you have reached the limitations of your camera.)